

# The Role of Walking and Cycling in Advancing Healthy and Sustainable Urban Areas

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At the heart of much new planning policy directed towards creating healthy and sustainably urban areas are two modes of transport – walking and cycling. With contributions from the UK, US, Australia and mainland Europe, this issue focuses on walking and cycling from a broad perspective. It considers what we need to know about these ‘active transport’ modes to understand their importance; the evidence for what works and how much change might be possible and over what timescales; and the benefits from such change.

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